

Saddle-Stitched Book Set Up Instructions

Document Page Size: 8.5" x 11" • Margins: at least .25" • Recommended: .375" • Bleed: .125" on all sides

- Keep all important content within the margins.
- If anything goes to the edge (a picture or block of color) it must extend past the trim line by .125", this is called bleed.
- The page count must be divisible by 4, otherwise blank pages will need to be added.
- All pictures and logos should be at least 300 dpi at the size they will be used at.
- Final file should be saved as a print quality 1up pdf. Do not save as spreads.
Please no files in Word, Excel or Publisher.

*This example is for an 8.5" x 11" book, but we can do many more sizes.
Other common sizes are 6"x9" and 5.5" x 8.5".*

More Tips and Info!

- **What is a 1-up pdf?** A 1-up PDF means each page of the pdf is 1 page of the book. In this example, the page would be 8.5" x 11". If it were saved in spreads, it would be 17" x 11".
- **Margins.** If setting up a book smaller than this example, the margins can be smaller, but do not go smaller than .1875".

- Trim line (edge of sheet)
- Margin (Safe Area)
- Bleed



Still have questions about how to set up your Saddle-Stitched Book?
Please contact us at 850.671.6600 | www.targetprintmail.com